



## 2018– 2019 Officers

### President

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### Secretary

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## Member Groups

- \* Alpha Chi Omega
- Alpha Delta Pi
- Alpha Epsilon Phi
- Alpha Gamma Delta
- Alpha Omicron Pi
- \* Alpha Phi
- Alpha Sigma Tau
- \* Alpha Xi Delta
- \* Chi Omega
- \* Delta Delta Delta
- \* Delta Gamma
- Delta Phi Epsilon
- Delta Zeta
- \* Gamma Phi Beta
- \* Kappa Alpha Theta
- Kappa Delta
- \* Kappa Kappa Gamma
- \* Phi Mu
- Phi Sigma Sigma
- \* Pi Beta Phi
- Sigma Delta Tau
- \* Sigma Kappa
- Sigma Sigma Sigma
- Theta Phi Alpha
- Zeta Tau Alpha

\* Represented at first  
Cleveland Alumnae Panhellenic  
Association Meeting on May 15, 1914

## Newsletter Editor

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## A Note from Gretchen

One hundred and four years. That's how long our alumnae panhellenic has been working to support and foster fraternal relationships. I am proud to be leading this longstanding, award winning association that together, with our collective contributions better not only our association, but also our community.

Over twenty-five representatives attended our first delegate meeting in September including our new delegates: Kerry Sarosy, Alpha Delta Pi; Alex Eagle, Kappa Kappa Gamma; Carolyn Beears, Phi Mu; Gabby Truitt, Kappa Alpha Theta; Kitty Sweeney, Theta Phi Alpha and Jennifer Goodman, Phi Beta Phi. Longtime delegates, please take a minute to reach out and introduce yourself to our new delegates. Welcome to CAPA, we are glad you are here!

Our association is governed by The National Panhellenic Conference (NPC) whose vision is "Advancing the Sorority Experience Together". NPC's website (<https://www.npcwomen.org/about/>) is home to a lot of good information including a manual with guidelines to assist your committee's work. To see the complete manual online, click on the following link (the Alumnae Panhellenic section begins on page 154): <https://www.npcwomen.org/wp-content/uploads/sites/2037/2017/11/2018-Manual-of-Information.pdf>

On September 13, NPC announced a new educational program called Be Bold. "Be Bold is an interactive video series offering women the opportunity to explore critical topics affecting their lives and empowering them to be their best, most authentic selves." (from the NPC press release dated Sept. 13). For more information on this educational video series, follow this link: <https://www.npcwomen.org/programs/be-bold/>

As continued success is often marked by addressing current trends, on September 10, NPC announced a new partnership with the North American Interfraternity Conference (NIC) and four families that have lost sons to hazing "that will focus on pursuing and strengthening state hazing laws and significantly expanding education and training for high school and college-

aged students" (from the NPC press release dated Sept. 10). This partnership demonstrates NPC's dedication to fostering a nurturing, safe environment at college campuses. To read more about this, follow this link: <https://www.npcwomen.org/2018/09/10/parents-who-have-lost-sons-to-hazing-join-fraternities-and-sororities-to-form-anti-hazing-coalition/>

Save the date for Saturday, May 18, 2019 for our annual scholarship luncheon, 'Wild about soROARities!', at the Cleveland Metro Parks Zoo – Stillwater conference center. This is the highlight of our year and a time to come together to celebrate our successes while we recognize and support sorority women with our scholarships.

Finally, on to our AWARD-WINNING announcement! CAPA was recognized by NPC with both the Citation of Merit Award and the Programming Excellence Award. We are still going strong in our 105th year. Working together, let's keep the vibrancy alive for another century!

Sincerely,  
Gretchen Swasey  
CAPA, president

## October Anniversaries

Alpha Phi  
October 10, 1872

Kappa Kappa Gamma  
October 13, 1870

Alpha Chi Omega  
October 15, 1885

Zeta Tau Alpha  
October 15, 1898

Kappa Delta  
October 23, 1897

Alpha Epsilon Phi  
October 24, 1919

Delta Zeta  
October 24, 1902

## Fall Fundraiser

Our fundraiser will be through Cherrydale. We have two catalogs to order from: Heart & Gnome and Virginia Diner & More. All orders are to be submitted online. If a group/individual needs assistance ordering online, please call Ways & Means Chair Nori Wieder at (440) 666-4878. The catalogs will be distributed at the October meeting as a user reference to order online. We receive 40% profit from all orders. There is free shipping for orders of \$75 or more; otherwise, there is a set shipping fee of \$8.95. Online orders are shipped via UPS and are processed, packed and shipped within 10 business days. The sale date will begin October 8, 2018 and will end November 19, 2018.

## News & Notes

Congratulations to Alpha Gamma Delta Sheri Kellner, Vice President of Greater Cleveland Alumnae Chapter and Regional Collegiate Coordinator, who received the Arc with Diamonds and Pearls honor for her many years of dedicated service to Alpha Gamma Delta. Sheri was bestowed with the honor at the 2018 Alpha Gamma Delta Convention at San Antonio Marriott Rivercenter, San Antonio, TX.

Sigma Kappa participated in the Kirtland Walk to End Alzheimer's on Sept. 30.

Three Alumnae attended Theta Phi Alpha's 52nd National Convention from July 11-15 in Pittsburgh, PA. In addition to the business sessions, we took part in Alumnae tours and discovered Pittsburgh by boat and had a lovely brunch at the Grand Concourse Restaurant in the former railway station. We received recognition for completing all our National tasks and cheered on our Collegiate Sisters who were awarded the Hometown Philanthropic Award for their work with the Leukemia and Lymphoma Society.

Theta Phi Alpha enjoyed another wonderful summer picnic hosted by Linda Barath at her home, where we collected school supplies for a Sister's elementary school. We will be collecting supplies for Harbor Light Missions and electing new officers at our October meeting. Additionally, we will be selling holiday wreaths again this year as our fundraiser.

Phi Mu's National Philanthropy Day is Oct. 16. They will be making cut and tie blankets for Rainbow Hospital with collegians from Cleveland State.

Case Western Reserve University welcomed the Lambda Epsilon Chapter of Alpha Gamma Delta in April 2018. Welcome to the 52 new sisters to Alpha Gam! Watch their video ([vimeo.com/267823198](https://vimeo.com/267823198))

Congratulations to the University of Akron for being a 2017-18 recipient of the College Panhellenic Excellence Award. UA was one of only 25 college panhellenic associations of the 670 in the U.S. and Canada to meet the seven criteria of importance on all college campuses. Those criteria are: Academics, Communication with NPC area advisor, Judicial procedures, Panhellenic community impact and relations, Panhellenic programming, Panhellenic structure, and Recruitment.

## ZETA= PINK & PROUD in OCTOBER

Zeta collegians & alumnae will be distributing their PINK RIBBONS on Saturday October 6<sup>th</sup> at the American Cancer Society's Making Strides Against Breast Cancer & Sunday's Browns vs Raven's Crucial Catch game. Zeta Tau Alpha is the National Survivor Ambassador for the American Cancer Society.

## Save the Date!

All Sorority Happy Hour  
January 16, 2019  
5:30-8:00 pm  
Shula's II



## 2018-19 Calendar

**Tuesday, October 9, 2018**  
Delegate Meeting  
Parma-Snow Library  
*Social Time-5:30 p.m.*  
*Business meeting-6:00 p.m.*

**Tuesday, November 13, 2018**  
Delegate Meeting  
Parma-Snow Library  
*Social Time-5:30 p.m.*  
*Business meeting-6:00 p.m.*

**Tuesday, January 8, 2019**  
Delegate Meeting  
Parma-Snow Library  
*Social Time-11:30 a.m.*  
*Business meeting-12 Noon*

**Tuesday, February 12, 2019**  
Delegate Meeting  
Parma-Snow Library  
*Social Time-11:30 a.m.*  
*Business meeting-12 Noon*

**Tuesday, March 12, 2019**  
Delegate Meeting  
Parma-Snow Library  
*Social Time-11:30 a.m.*  
*Business meeting-12 noon*

**Tuesday, April 9, 2019**  
Delegate Meeting  
Location TBA  
*Social Time-5:30 p.m.*  
*Business meeting-6:00 p.m.*

**Tuesday, May 7, 2019**  
Delegate Meeting  
Location TBA  
*Social Time-5:30 p.m.*  
*Business meeting-6:00 p.m.*

**Saturday, May 18, 2019**  
CAPA Spring Luncheon  
Cleveland Metroparks Zoo  
Stillwater Conference Center

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## Stay in Touch With CAPA

Join our Facebook group:  
Cleveland Alumnae Panhellenic Association

## BOOK CLUB NEWS

All are welcome to join us at Tri Delta's Poseidon's Readers Book Club! Our final book discussion for the year will be held Sunday, October 28<sup>th</sup>, 4pm at the Winking Lizard, 6111 Quarry Lane, Independence. We will be discussing "The Hummingbird" by Stephen P. Kiernan. We will also be holding a planning meeting on Sunday, November 11<sup>th</sup>, 2 pm at Forage Public House, 14600 Detroit Avenue, Lakewood to select our books and meeting locations for 2019. Come and bring your book suggestions!



## Community Service Corner

**Fall Community Service: OhioGuidestone Holiday Drive**  
Our Fall 2018 Service Project will again be in support of OhioGuidestone's Holiday Gift Drive, which provides local children and families living in poverty with gifts during the holiday season. The list of items to collect is below. All items should be unwrapped and will be collected at our November CAPA meeting.

### The Early Years

Layettes  
Formula  
Premature Clothes  
Baby Buntings  
Bibs Strollers  
Baby Swings  
Disposable Diapers  
Diaper Bags  
Baby Wipes  
Baby Toys  
Pack and Play Playpens  
Winter Jackets  
Infant Onesies  
Baby Blankets  
Cribs

High Chairs  
Baby Pacifiers  
Car Seats  
Baby Bottles  
Baby Teething Toys

### Arts and Crafts

Magic Markers  
Crayons  
Pencils  
Colored Pencils  
Drawing Paper  
Poster Paints  
Coloring Books  
Chalk

### For Boys & Girls ALL SIZES:

Shirts/Blouses  
Sport Shirts  
Sweaters  
Underwear  
Socks  
Hooded Sweat Shirts  
Sweat Pants  
Pants/Jeans  
Tights or Leggings  
Business Suits  
Gloves/Scarves/Hats  
Winter Jackets  
Toiletries  
Hair Brushes  
Hair Dryers  
Curling Irons  
Cotton Balls  
Q-Tips  
Soap/Soap Dishes  
Toothpaste and Brushes  
Shampoo and Conditioner  
Body Wash  
Deodorants  
Lotions  
Tissues  
Towels

### Electronics

MP3 Player  
CD's  
Radio  
Batteries  
Watch  
Alarm Clock  
Remote Control Cars  
Nintendo DS Lite/Games  
Sony PlayStation/Games  
Leap Frog Leapster/Games  
Leap Frog Explorer/Games

### Miscellaneous

Movie Passes Gift  
Cards

Cash Gifts  
Basketballs  
Footballs  
Soccer Balls  
Baseball Gloves  
Whiffle Balls and Bats  
Sports Bags  
Bicycles and Bicycle Helmets  
School Supplies  
Backpacks  
Books  
Blankets and Throws  
Bedding Items

### **Spring Community Service: Snack Bags Collection**

For our spring fundraiser, we are going to again put together snack bags for youth clients of OhioGuidestone. These kids often don't have reliable access to food and snacks at home over the weekends, once they're out of OG's school and/or programs. These snack bags go home with them to ensure they have snacks through the weekend. (No nuts. 80 bag goal.)

### **Another Opportunity to Get Involved - Halloween Event**

There's another event CAPA members may be interested in joining in on coming up. OhioGuidestone's Junior Board is hosting the first "Trunk or Treat" for the residential foster kids on the Berea campus. And we need help in getting a good number of cars there! If anyone is interested in attending, they can email [jessicashaffalo@gmail.com](mailto:jessicashaffalo@gmail.com).

Volunteers will get dressed up in costumes and decorate their car trunks, to park in the residential lot. Then, the kids will go trunk to trunk collecting candy. There will also be food and games for them. Best decorated trunk gets a prize! Additional details are below:

- **What:** OhioGuidestone Trunk or Treat at Residential
- **When:** Sunday, October 28, 4-6 p.m.
- **Where:** 202 East Bagley Road, Berea (Residential Campus)