



2017– 2018 Officers

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Member Groups

- * Alpha Chi Omega
- Alpha Delta Pi
- Alpha Epsilon Phi
- Alpha Gamma Delta
- Alpha Omicron Pi
- * Alpha Phi
- Alpha Sigma Tau
- * Alpha Xi Delta
- * Chi Omega
- * Delta Delta Delta
- * Delta Gamma
- Delta Phi Epsilon
- Delta Zeta
- * Gamma Phi Beta
- * Kappa Alpha Theta
- Kappa Delta
- * Kappa Kappa Gamma
- * Phi Mu
- Phi Sigma Sigma
- * Pi Beta Phi
- Sigma Delta Tau
- * Sigma Kappa
- Sigma Sigma Sigma
- Theta Phi Alpha
- Zeta Tau Alpha

* Represented at first
Cleveland Alumnae Panhellenic
Association Meeting on May 15, 1914

Newsletter Editor

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A Note from Ashley

Welcome to the 2017-2018 year for the Cleveland Alumnae Panhellenic Association! I am very excited to be leading you this year and a huge welcome to all of our new delegates and alternates! I feel like we have gotten off to a great start. Over the summer we held two social events - the first was a happy hour in July at Melt in Independence where we had a great turnout to socialize; the second was a wonderful potluck dinner hosted by our very own Leslie Cooke at her magnificent home in Euclid. We saw many new faces and had a great time celebrating our panhellenic sisterhood!

My goals this year include getting every member organization involved in committee work - we are a team and our committees are what helps us accomplish the biggest projects! I believe this year we will have a strong push towards Community Service with both a November collection of gifts and multiple spring volunteer opportunities to support Ohio Guidestone. Our scholarship committee is already hard at work planning out how to make this the biggest year yet with scholarship applications. Our social committee is also planning an exciting happy hour on January 25 and we hope to see a lot of our Panhellenic women attend!

My Phi Mu sisters and I are excited to be hosting this year's luncheon and believe it will be fantastic event for everyone who attends! It will be held on Saturday, May 19, 2018 at the Woodside Event Center at St. Michael's in Broadview Heights. We have a dynamic speaker lined up and are looking forward to celebrating our scholarship winners and CAPA's accomplishments this year! I hope you will all save this date and join us in May!

Our next meeting is Tuesday, October 10 at 6:00pm (with social time at 5:30pm) at the Leukemia and Lymphoma Society Board Room in the AAA Building in Independence. Thank you all for a great start to the year and I look forward to what is to come!

With Sisterly Love,
Ashley Wohlwend
CAPA President



mixedbag
designs

Fall Fundraiser Oct. 1-Nov.15

Due to popular demand CAPA will be once again offering Mixed Bag designs for our Fall Fundraiser. Now is the time to find great gifts for the holidays and useful items for yourself. In addition to the recycled poly tote bags we all love there are now new sizes of totes, canvas totes, more gift wrap and a whole catalog of home and kitchen items.

Online ordering will be open starting on Oct. 1 and catalogs will be distributed at the October 10 meeting. If you need a catalog sooner or will not be at the October meeting contact Ways & Means Chair Nori Wieder (nbwieder@yahoo.com) to have one mailed to you.

Orders and checks should be turned in at our November 14 meeting or mailed to Nori to arrive by Nov. 14 to ensure that your items arrive in time for holiday gift giving. 50% of the purchase price of anything ordered from you will go to support CAPA programming and scholarships. These items will ship for free and the Ways and Means Committee will arrange delivery so you get everything in time for the holidays.

If you or your customers choose to order online their deadline for holiday deliver is Dec. 6. We get 40% of the purchase price of all online orders. Make sure our ID number (347779) is added at checkout Use this link: www.mixedbagdesigns.com/?fundraiseid=347779.

Hello and Goodbye

Welcome to new delegates

Monica Ellis ΑΓΔ alternate
Amy Shepker ΑΟΠ
Wendy Stummer ΔΔΔ
Karen McLaren ΔΓ-West
Betty Ann Hodan ΔΖ-West
Carol Hacker ΠΒΦ
Jamie Peltz ΣΔΤ alternate
Linda Barath ΘΦΑ
Wendy Manfredi ΖΤΑ

Farewell to Departing Delegates

Linda Standish ΑΟΠ
Katherina Consing ΔΔΔ
Rebecca Sofka ΔΓ
Rachel Mauk ΚΚΓ alternate
Sherry Hildebrandt ΠΒΦ
Ronna Posta ΣΔΤ
Lisa Paul Sierk ΖΤΑ
Amanda Epperson ΖΤΑ



Night to Shine Needs your Help

Sigma Sigma Sigma's Greater Cleveland Alumnae chapter supports the Tim Tebow Foundation Night to Shine which provides special needs teens with a prom experience. We will be collecting gowns, cocktail dresses, tuxedos, and tux accessories (e.g., shirts, vests or cummerbunds) at the November meeting. Sister Susie Ullman Gulick and her community at Cuyahoga Valley Church host one of the proms each year where EVERY child is proclaimed the king or the queen of the prom, complete with tiara/crown. Your donations allow teens to attend without having to purchase expensive clothing. Last year we collected ten gowns for the cause. Please search your closets and let others know. We are grateful for any of your contributions as part of our Sigma Serves Children initiative.

You can bring your donation to any CAPA meeting or contact Tri-Sigma delegate Cherie Pandora at cherylpp@frontier.com for more information

Recipe Corner

Chocolate Peanut Butter Cup Lasagna

Serves 16-20

Ingredients

2 [8 oz] softened cream cheese [16 ounces total]
1½ cups peanut butter
1 cup powdered sugar
1 cup heavy cream
1 tsp pure vanilla extract
16 oz frozen whipped topping, thawed
1 [14 oz] box chocolate graham crackers
1 [12 oz] bag miniature peanut butter cups
Coupons
¾ cup cocktail peanuts [sea salted peanuts or plain salted peanuts]
Chocolate drizzle:
1 cup milk chocolate chips
½ cup heavy cream
Topping:
8 oz frozen whipped topping, thawed

Instructions

1. To prepare the chocolate drizzle: Melt the chocolate chips and heavy cream together in the microwave until smooth. Melt in 15 second increments stopping to stir periodically. Set aside to cool while you make the filling.
2. To prepare the filling: In a medium mixing bowl, whip together both blocks of softened cream cheese, peanut butter, powdered sugar, heavy cream and vanilla.
3. Whip for 2-3 minutes until fully combined and smooth. The mixture will be thick.
4. Add 16 ounces of thawed whipped topping, 8 ounces at a time. Continue to whip until fluffy and light. The filling will be divided into thirds to layer the dessert.
5. Remove the wrappers from the peanut butter cups and chop. Roughly chop the peanuts. Divide both into thirds for layering. In a 9 x 13 inch dish start with one layer of graham crackers.

6. Add ⅓ of the filling mixture, sprinkle with ⅓ of the chopped peanut butter cups and ⅓ of the chopped peanuts.
7. Gently press the next layer of graham crackers into the filling and repeat, ending with the final ⅓ of the peanut butter filling.
8. Frost with whipped topping, and sprinkle the top with the remaining chopped peanut butter cups and peanuts. Drizzle with chocolate.
9. Chill for at least 4-6 hours before cutting.

Upcoming Events

Join the Cleveland East Chi Omega Alumnae Book on October 24th at 1 pm at the Panera on Wilson Mills in Highland Heights for a discussion of A Fierce Radiance by Lauren Felfer. All Are Welcome. RSVP to <http://www.pingg.com/7i8crvp36dh236y3k>.

Make-A-Wish Foundation's 2017 Walk for Wishes will be Saturday, Oct. 7 at Cleveland Metroparks Zoo. Support Team "Chi Omega Alumnae" with your donations (virtual walkers) or as a walker. Sign up at Nancy Toth's page at Make-A-Wish: http://site.wish.org/site/TR?px=3324292&pg=personal&fr_id=2490&et=T6r6lq45PcLiVZD9g-E3Yw

October Anniversaries

Alpha Phi
October 10, 1872

Kappa Kappa Gamma
October 13, 1870

Alpha Chi Omega
October 15, 1885

Zeta Tau Alpha
October 15, 1898

Kappa Delta
October 23, 1897

Alpha Epsilon Phi
October 24, 1919

Delta Zeta
October 24, 1902

News and Notes

Chi Omega National Headquarters will present the Program *Chi Omega Today* at two locations in Greater Cleveland. The east side event will be Wed., Oct 11 at the Shaker Heights Country Club from 6-8 pm with light refreshments provided. The west side event will be held Thurs., Oct. 12, 11:30am-1:30pm at Westwood Country Club with a Light lunch provided. RSVP to attend at chiomega.com/events.

Congrats to Alpha Delta Pi on their reorganized Greater Cleveland Alumnae Chapter. We look forward to sharing panhellenic sisterhood with you.

Condolences to Sigma Kappa on the loss of Nancy Irwin, CAPA president for 1996-97.

Condolences to Chi Omega on the Loss of Virginia Royer, CAPA President for 1995-96.

Community Service Fall Project

Our Fall Service Project will be in support of OhioGuidestone's Holiday Gift Drive. OhioGuidestone is an organization that serves children and families through many avenues including counselling, foster care, early childhood and family services. Our October meeting will feature a speaker who will discuss some of these programs and the impact of their Holiday Gift Drive.

Share the wish list below with your sisters and use to month of October to collect items from them for collection at our November meeting. Gifts should be new items and donated unwrapped, as the social workers go through the donations to personally pick out the gifts best suited to their children and families.

The Early Years

Layettes
Formula
Premature Clothes
Baby Buntings
Bibs Strollers
Baby Swings
Disposable Diapers
Diaper Bags
Baby Wipes
Baby Toys
Pack and Play Playpens
Winter Jackets
Infant Onesies
Baby Blankets
Cribs
High Chairs

Baby Pacifiers
Car Seats
Baby Bottles
Baby Teething Toys

Arts and Crafts

Magic Markers
Crayons
Pencils
Colored Pencils
Drawing Paper
Poster Paints
Coloring Books
Chalk

For Boys & Girls ALL SIZES:

Shirts/Blouses
Sport Shirts
Sweaters
Underwear
Socks
Hooded Sweat Shirts
Sweat Pants
Pants/Jean
Tights or Leggings
Business Suits
Gloves/Scarves/Hats
Winter Jackets
Toiletries
Hair Brushes
Hair Dryers
Curling Irons
Cotton Balls
Q-Tips
Soap/Soap Dishes
Toothpaste and Brushes
Shampoo and Conditioner
Body Wash
Deodorants
Lotions
Tissues
Towels

Electronics

MP3 Player
CD's
Radio
Batteries
Watch
Alarm Clock
Remote Control Cars
Nintendo DS Lite/Games
Sony PlayStation/Games
Leap Frog Leapster/Games
Leap Frog Explorer/Games

Miscellaneous

Movie Passes
Gift Cards
Cash Gifts
Basketballs
Footballs
Soccer Balls
Baseball Gloves
Whiffle Balls and Bats
Sports Bags
Bicycles and Bicycle Helmets
School Supplies

Backpacks
Books
Blankets and Throws
Bedding Items



2017-2018 Calendar

All 2017 CAPA Delegate Meetings will be held at the Leukemia & Lymphoma Society, 3rd Floor Boardroom, in the AAA Building at 5700 Brecksville Road, Independence

Tuesday, October 10, 2017

Delegate Meeting
Social Time-5:30 p.m.
Business meeting-6:00 p.m.

Tuesday, November 14, 2017

Delegate Meeting
Social Time-5:30 p.m.
Business meeting-6:00 p.m.

Tuesday, January 9, 2018

Delegate Meeting
Location TBA
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, February 13, 2018

Delegate Meeting
Location TBA
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, March 13, 2018

Delegate Meeting
Location TBA
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, April 10, 2018

Delegate Meeting
Location TBA
Social Time-5:30 p.m.

Business meeting-6:00 p.m.

Tuesday, May 8, 2018

Delegate Meeting
Location TBA
Social Time-5:30 p.m.

Business meeting-6:00 p.m.

Saturday, May 19, 2018

CAP Spring Luncheon
St. Michael's Woodside Event Center
Broadview Heights

Stay in Touch With CAPA

Join our Facebook group:
Cleveland Alumnae Panhellenic Association

Nation Panhellenic Conference Website:
NPCWomen.org