



2015 – 2016 Officers

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Member Groups

- * Alpha Chi Omega
- Alpha Delta Pi
- Alpha Epsilon Phi
- Alpha Gamma Delta
- Alpha Omicron Pi
- * Alpha Phi
- Alpha Sigma Alpha
- Alpha Sigma Tau
- * Alpha Xi Delta
- * Chi Omega
- * Delta Delta Delta
- * Delta Gamma
- Delta Zeta
- * Ga.m.ma Phi Beta
- * Kappa Alpha Theta
- Kappa Delta
- * Kappa Kappa Gamma
- * Phi Mu
- Phi Sigma Sigma
- * Pi Beta Phi
- Sigma Delta Tau
- * Sigma Kappa
- Sigma Sigma Sigma
- Theta Phi Alpha
- Zeta Tau Alpha

* Represented at first
Cleveland Alumnae Panhellenic
Association Meeting on May 15, 1914

Newsletter Editor

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Lisa's Letter

Sisters,

Welcome to the new year of Cleveland Alumnae Panhel! Thanks to those that could join us for our first meeting. The feedback on our new location was very positive – close to the highway, easy parking and a large enough space for all! We did agree to bring our own coffee, so you might want to make a note of that.

Our theme this year will be: **NO MATTER THE LETTER, WE ARE ALL TIED TOGETHER.** Zeta Tau Alpha sisters have begun planning for the Spring Luncheon, that will also incorporate this theme. In my welcome at the meeting, I shared one of my favorite poems as a thank you to all of you for showing us how important that badge you chose to wear is. Here's to a great year!

The Greek That's Written There

It makes little difference the size of your pin
Whether it is large or small,
And if it is plain or brilliant with jewels
Is of no concern at all.

But the vows that you took along with your pin
Have you worn them constantly,
Quietly, deep in the heart of you
Where no one looks in to see?

Have you touched the stars you reached for once
In your own small piece of sky?
Have you striven for the honorable,
The beautiful, and the high?

What difference, then, the shape of the badge,
Be it diamond, or quill, or square,
The important thing is how much do you love
The pin that you chose to wear?

Fraternally,
Lisa Paul Sierk



Fall Fundraiser Mixed Bag Designs

CAPA's Fall Fundraiser from Mixed Bag Designs is the time to find great gifts for the holidays and useful items for yourself. In addition to the recycled poly tote bags we all loved last year there are now canvas totes, more gift wrap and a whole catalog of home and kitchen items.

At you next alumnae chapter meeting do a show and tell with the bags you purchased last year and you will definitely get orders. Let your members know that 50% of the purchase price of anything ordered from you will go to support CAPA programming and scholarships. All items will be delivered to the November Panhel meeting so your gifts will be on hand before Thanksgiving.

You can also place orders online at www.mixedbagdesigns.com/?fundraise_rid=347779. We get 40% of the purchase price of all online orders. Make sure our ID number (347779) is add at checkout.

For more information contact Gretchen Swasey at gswasey@hotmail.com or 440-333-3885.

Book Clubs

Come one, come all! **Chi Omega-West** and **Delta Delta Delta** are jointly sponsoring the **Second Annual All-Panhellenic Book Club** on Wednesday, October 14th at 6:30pm at Starbucks (Detroit Rd, Rocky River). We'll be discussing **Go Set a Watchman** by Harper Lee, author of *To Kill a Mockingbird* and Chi Omega alumna. RSVP via Punchbowl invitation on CAPA's Facebook group.

Delta Delta Delta invites you to the Cleveland Yachting Club in Rocky River to discuss **Same Kind of Different As Me** by Ron Hall and Denver Moore on Sunday, September 27th at 2pm. RSVP to Jen Bufe, jbakaip@cox.net.

Community Service Next Step

Next Step provides shelter care for youth, ages 12-17, who are without a home or a stable living environment. Residents may be runaway youth or children placed by the Cuyahoga County Division of Children and Family Services (DCFS). DCFS placements may be youth who have been removed from their homes during investigations of abuse and/or neglect, or those who are awaiting a foster care placement. Next Step Youth Shelter residents attend their home schools whenever possible. They participate in meal preparation and household chores. Life skills education is offered based on an individual assessment of each resident. Individual and/or group counselling is provided as appropriate as well as opportunities for recreation.

Next Step also offers semi-independent living in apartment and group living settings. The program serves youth, ages 16-21, who will be exiting the foster care system. Its emphasis is preparation for living independently. Life skills—budgeting, cleaning, cooking, relationship building, conflict management—are at the heart of the program. Completing high school and moving on to college is the path taken by some participants, while others seek employment education. Individual counselling as well as alcohol and drug treatment is available when needed. Case managers provide support and encouragement to youth as they seek to remove barriers and acquire the skills to live independently.

Next Step is in need of the items listed below. Please bring to the November meeting. If you have items which are too large to transport you can contact Michelle Morris from NextStep at 216-221-8920 or mlatham-morris@lmmmyouth.org

Bedroom

- *bed linens, blankets, plastic mattress covers (twin, full, toddler)
- *alarm clocks
- *pillows & cases
- *hangars (non-wire)
- *lamps & bulbs
- *wastebaskets
- *throw rugs
- *fans

Bathroom

- *towels & washcloths
- *laundry detergent & bleach
- *shower curtains/liners

Kitchen

- *plates, bowls, cups, saucers & mugs
- *flatware
- *glassware
- *pots & pans
- *mixing bowls
- *Trash containers
- *rugs
- *handheld mixers
- *blenders/food processors
- *can openers
- *dish cloths & towels
- *dish pan
- *dish draining rack
- *dish detergent
- *pot scrubbers
- *cleaning supplies
- *paper towels & dispensers
- *aluminum foil
- *plastic wrap
- *food storage bags
- *food storage containers with lids
- *3-section single-portion plate-style food containers with covers

Personal Hygiene Items

- *soap/body wash
- *shampoo & conditioner
- *deodorant
- *body lotion
- *acne wash/cream
- *nail care items
- *toothpaste
- *toothbrushes
- *mouthwash
- *combs & brushes
- *ponytail clips
- *flat irons/curling irons
- *feminine hygiene products
- *first aid kits/supplies
- *razors & shaving cream

Baby Items

- *cribs
- *strollers
- *car seats
- *baby blankets
- *pack & plays
- *diapers
- *baby wipes
- *bottles
- *pacifiers
- *bibs
- *sippy cups
- *baby utensils
- *new or gently used baby clothing
- *new or gently used baby toys

Furniture & Larger Items

- *dressers
- *kitchen tables & chairs
- *microwaves
- *televisions & stands
- *VCR/DVD players
- *computers
- *sofa/loveseats
- *coffee tables
- *end tables

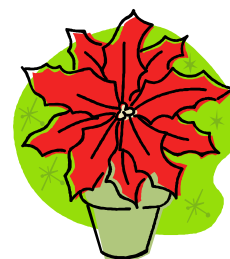


October is Breast Cancer Awareness Month. In support of their national philanthropy, breast cancer education and awareness, Cleveland Zetas will be participating in the Making Strides Walk on Sunday, October 11th at the Cleveland Metroparks Zoo and the Crucial Catch game with the Cleveland Browns on Sunday, October 18th.

Upcoming Events

Save the Date: **Chi Omega's** 50th Holiday Auction will be Sunday, Nov. 15 at 1 p.m. at one of our members' homes in Rocky River. We will post the invitation to the CAPA FB when the time comes.

Alpha Xi Delta West invites you to a Wine Tasting and Raffle on Thursday, November 5 from 6 - 8 p.m. at The Vineyards Wine Merchant, 6060 Broadview Road in Parma. Your \$20 admission (or 2 for \$35, Designated Drivers for \$10) will provide wine tasting and snacks with education on wine selection for social gatherings and holiday events. To purchase tickets email Denise at theyearofdenise@yahoo.com.



Delta Delta Delta is selling poinsettias for your holiday decorating. Beautiful poinsettias are available in two pot sizes, 6" and 8", and four colors (red, white, pink, and marble). All pots are nicely wrapped. Orders must be received by November 14th, and the approximate delivery date is November 22nd, just in time for Thanksgiving. Order form attached, Word and .pdf formats.

All About Alumnae Panhellenics

Our Purpose:

1. To INFORM fraternity women of current trends.
2. To PROMOTE the fraternity system.
3. To IMPROVE the Panhellenic image.
4. To STIMULATE a continuing interest in Panhellenic affairs.

At this time, there are over 200 APHs in the US, Canada, and the United Kingdom. Based upon NPC policies, APHs set up their own organizations and carry out programs in line with their special interest or situations.

APHs enhance the fraternity system through scholarship awards, annual educational informational functions for prospective college freshman, philanthropic projects, community participation and civic leadership. Last year, over \$435,000 was raised and granted in scholarships by APHs to over 580 women. If located in a college community, an APH can give valuable support to a College Panhellenic.

Alumnae Panhellenic offer alumnae of the 26 member groups of the National Panhellenic Conference further leadership and social opportunities, beyond the college years. An APH represents an ongoing commitment of women to promote and foster the Greek experience

News and Notes

Please join the fight against childhood cancer by sponsoring the [Delta Delta Delta Cleveland Alumnae Chapter](#) team in the St. Jude Walk to End Childhood Cancer on Saturday, September 19th at Great Northern Mall. We need your help to complete our team goal of raising \$1,500 to help save lives. We would also love for you to walk with us! Make a donation and/or join our team, via the following link: <http://tinyurl.com/ddd4stjude2015>.

The Cleveland area [Chi Omega](#) chapters raised nearly \$5,800 for Make-A-Wish with collegians (JCU and Kent State) and alumnae (west & east) from all over CLE at the Walk for Wishes at the Zoo in July. They are also starting Sisters' Supper Club as our newest offering to provide opportunities for sisters to get together, socialize, and network. Forage was the location of the most recent event in August.

28 members attended [Chi Omega's](#) fall Sisterhood event where we heard from one of our members, Sarah Eaton who was selected as a Teachers for Global Classrooms fellowship this summer. She shared about her time spent learning about global education and visiting India during June 2015 and how it has changed her perspectives on our world and on education. Photo of the group is attached.

[Kappa Delta's](#) National Convention was held in Orlando, FL this past June. The Cleveland West chapter won an Alumnae Chapter Recognition Award.

[Alpha Gamma Delta's](#) Baldwin Wallace University chapter has their 75th anniversary this year. In addition, alums and collegians will gather in Orlando, FL for National Convention taking place July 13-16, 2016

[Zeta Tau Alpha](#) will be celebrating 117 years of sisterhood and service at a Founder's Day event with their local collegiate chapter at Baldwin Wallace College on October 9th.

[Delta Delta Delta](#) celebrated the 50th anniversary of Bridge-A-Rama! \$15,000 raised over the past year by nearly 1,000 bridge players were recently donated to Cleveland MetroHealth's Burn Unit and Child Life Department. Currently, we are accepting donations of new and gently used books (children to young adult) to replenish the Child Life library.

Anniversaries

Alpha Phi
October 10, 1872

Kappa Kappa Gamma
October 13, 1870

Alpha Chi Omega
October 15, 1885

Zeta Tau Alpha
October 15, 1898

Kappa Delta
October 23, 1897

Alpha Epsilon Phi
October 24, 1919

Delta Zeta
October 24, 1902

People

Thank you to Kina Kerst, [Alpha Gamma Delta](#), who completes two years' service with CAPEF, from 2013 2015, as Fund Administrator. She also serves as a Province Director for ΑΓΔ.

A fond farewell to Sue Palinsin, [Sigma Kappa](#), who is retiring from CAPA after 20 years of service as a delegate.



2015-2016 Calendar

All CAPA Delegate Meetings will be held at the Leukemia & Lymphoma Society, 3rd Floor Boardroom, in the AAA Building at 5700 Brecksville Road, Independence

Tuesday, October 13, 2015

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, November 10, 2015

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, January 12, 2016

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, February 9, 2016

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, March 8, 2016

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, April 12, 2016

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Tuesday, May 3, 2016

Delegate Meeting
Social Time-11:30 a.m.

Business meeting-12 Noon

Saturday, May 4, 2016

CAP Spring Luncheon
Crowne Plaza, Independence

Stay In Touch With CAPA

Join our Facebook group:
Cleveland Alumnae Panhellenic Association