

Cleveland Alumnae Panhellenic Association

May 2015

www.clevelandpanhellenic.org

2014 - 2015 Officers

President
Linda Standish
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Treasurer
Lauren Hanna
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Member Groups

* Alpha Chi Omega Alpha Delta Pi Alpha Epsilon Phi Alpha Gamma Delta Alpha Omicron Pi * Alpha Phi Alpha Sigma Alpha Alpha Sigma Tau * Alpha Xi Delta * Chi Omega * Delta Delta Delta * Delta Gamma Delta Zeta * Gamma Phi Beta * Kappa Alpha Theta Kappa Delta * Kappa Kappa Gamma * Phi Mu Phi Sigma Sigma * Pi Beta Phi Sigma Delta Tau * Sigma Kappa Sigma Sigma Sigma Theta Phi Alpha Zeta Tau Alpha

* Represented at first Cleveland Alumnae Panhellenic Association Meeting on May 15, 1914

Newsletter Editor

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Lines from Linda

I hope everyone is looking forward to our Annual Luncheon which will be here soon! It's a chance to see your friends and meet the scholarship winners. I always enjoy hearing their individual stories. Saturday, May 16 is the date of the luncheon, but Wednesday, May 6 is the last day to have your reservation in our hands.

Remember to bring your group's raffle basket to the Delegates Meeting on Tuesday, May 5 at the AHA Building so Ashley Wohlwend and her helpers can collect it. Pre-sale tickets must be turned in on Tuesday, as well.

At Tuesday's meeting we'll be selecting a location for our future Delegates meetings. We will also be electing new officers and finalizing the sign-up of committee volunteers. Officers and Committee Chairs should turn-in their annual reports or email them to me in advance of the meeting.

Caroline Babbin, who will be attending the University Alabama in the fall, will be coming on Tuesday to meet us during the social time before the meeting. She has mailed out her packet of biographical information to a good number of Delegates. If you are a representative of one of the sororities for which she is seeking letter recommendation, please be sure to come early to meet and talk with her.

I would like to end this last column of mine with an expression of my most sincere gratitude for all the hard work and dedication shown by all of the Delegates and Alternate Delegates. Thank you!

Línda Standísh President, CAPA



Congratulations to Our 2015 Scholarship Winners

Amanda Bruno

Delta Delta Delta Miami University Parma, OH

Audra Franley

Chi Omega Theil College Jefferson, OH

Cara Sutherland

Chi Omega John Carroll University Shaker Heights, OH

Erica Sheridan

Delta Delta Delta University of Toledo Perry, OH

Erika Hripko

Pi Beta Phi Case Western Reserve University Medina, OH

Leat Perez

Delta Delta Delta University Of Pennsylvania Lyndhurst, OH

Marisa Papp

Alpha Gamma Delta University of Akron Uniontown, OH

Natalie Yim

Phi Mu University of Cincinnati North Royalton, OH

Megan Lisabeth Strang

Theta Phi Alpha Ohio State Avon, OH

2015 CAPA Scholarships

Our Scholarship committee headed by Chair Julia Lazar, $KA\theta$ and Asst. Chair Pat Nemetz-Magee, $A\Gamma\Delta$ worked very hard to narrow our pool of 67 applicants to the 9 young women who were ranked as the most outstanding. Each will receive a \$2,000 scholarship to be used during the 2015-16 school year. You will be able to congratulate them in person and learn more about their accomplishments at our Spring Luncheon on May 16th.

Application Statistics

Alpha Delta Pi	4
Alpha Epsilon Phi	1
Alpha Gamma Delta	5
Alpha Omicron Pi	1
Alpha Sigma Alpha	1
Alpha Xi Delta	1
Chi Omega	8
Delta Delta	5
Delta Gamma	5
Delta Zeta	4
Gamma Phi Beta	2
Kappa Alpha Theta	4
Kappa Delta	3
Kappa Kappa Gamma	8
Phi Mu	5
Pi Beta Phi	4
Sigma Delta Tau	1
Theta Phi Alpha	2
Sigma Sigma Sigma	2
Zeta Tau Alpha	1

Book Clubs

<u>Tri Delta</u> invites all Panhellenic women and their girlfriends to join their book club discussions. In preparation of the long-awaited release of Harper Lee's new book, which will be discussed by <u>Chi Omega West</u>'s book club this fall, we are reading <u>To Kill a Mockingbird</u>. Join us on Tuesday, July 21st at 7pm at Erie Island Coffee in Rocky River. Questions? Contact Jen Bufe (jbakajp@cox.net).

May Anniversaries

Alpha Delta Pi May 15, 1851

Alpha Gamma Delta May 30, 1904

Community Service Project Cleveland Foodbank

On Monday April 27th 19 CAPA women and 3 spouses met at the Cleveland FoodBank for our spring service project. They were an extremely talented crew of workers skilled as sorters, scotch tapers, and at putting items in boxes. Thanks to the collective brain power of our sisters they quickly learned the difference between cookies, snacks, candy and fruit treats and operated at a high level of efficiency. Condiments were more of a challenge but we finally mastered that concept. The low-stress evening concluded with a few beers at Muldoon's.

The Group agreed that it was indeed interesting to learn about and help out at the Food Bank - an important community resource and amazingly efficient operation!



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Celebrate National Women's Health Week

We all have a role to play in women's health. As a community of women, sorority members have a responsibility to support the women we know and do everything we can to help them take steps for longer, healthier, happier lives. A great way to do this is by celebrating National Women's Health Week (NWHW).

The 16th annual NWHW kicks off on Mother's Day, May 10, and is celebrated until May 16. The goal is to empower women to make their health a priority. The week also serves as a time to help women understand what steps they can take to improve their health. As part of the week, women are encouraged to schedule their annual well-woman visit on National Women's Checkup Day May 11.

NPC supports this initiative and encourages Alumnae Panhellenics to participate. More information is available online: http://www.womenshealth.gov/nwhw/.

College Panhellenic Corner

On April 29th, a laurel wreath and candles tied with ribbons in symbolic colors set the mood for CAPA's firstever "Welcoming Ceremony for Senior Undergraduates" at John Carroll University. In true Panhellenic spirit, 12 alumnae, representing 10 sororities, iointly administered the ceremony and greeted about 25 senior women from Chi Omega, Gamma Phi Beta, Kappa Alpha Theta, Kappa Delta, and Kappa Kappa Gamma into our alumnae Panhellenic sisterhood. Immediately following the ceremony, two CAPA delegates, Sarah Griffin of Sigma Kappa and Kathy Woolner of Delta Delta, shared their personal stories of how important alumna membership is to them and how it has been a positive influence in their lives. Afterward, we mingled with collegians and the new alumnae while enjoying cake and lemonade. A special thank-you to each of the 12 ladies* who were CAPA's "welcoming committee!" And good news - CAPA has already been invited back for 2016!

Achievements

Congratulations to Nancy Toth, <u>Chi</u>
<u>Omega.</u> She was presented with the
Outstanding Alumnae Award at Chi
Omega's State Day, Chi-O-Hio, held
last month in Columbus.

Congratulations to Alison Borodkin,

Alpha Epsilon Phi, for receiving the
Ohio PTA Achievement Award for her
work with the Solon PTA.



2014-2015 Calendar

Tuesday, May 5, 2015
Delegate Meeting
American Heart Association
Social Time-11:30 am
Business meeting-12 Noon
Saturday, May 16, 2015
CAP Spring Luncheon
Executive Caterers at Landerhaven

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Join our Facebook group:
Cleveland Alumnae Panhellenic Association