



2013 – 2014 Officers

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Member Groups

- * Alpha Chi Omega
- Alpha Delta Pi
- Alpha Epsilon Phi
- Alpha Gamma Delta
- Alpha Omicron Pi
- * Alpha Phi
- Alpha Sigma Tau
- * Alpha Xi Delta
- * Chi Omega
- * Delta Delta Delta
- * Delta Gamma
- Delta Zeta
- * Gamma Phi Beta
- * Kappa Alpha Theta
- Kappa Delta
- * Kappa Kappa Gamma
- * Phi Mu
- Phi Sigma Sigma
- * Pi Beta Phi
- * Sigma Kappa
- Sigma Sigma Sigma
- Theta Phi Alpha
- Zeta Tau Alpha

* Represented at first
Cleveland Alumnae Panhellenic
Association Meeting
May 15, 1914

Newsletter Editor

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Nancy's Note

Hello Sisters,

Fifteen months ago we signed a contract with The Ritz for May 17, 2014 at The Silver Grille. Much has happened since then. A new meeting location was acquired with help from ΔΓ Leslie Cooke. ΔΖ alumnae filled the W&M chair with new delegate Lauren Hanna. Lauren and her Ways & Means Committee managed dine-outs, gift card sales, and the basket auction.

Members attended a social media workshop and joined Facebook in October. Dottie Cibula, ΓΠΒ, and the Community Service Committee organized a collection for the Women's Shelter. ΣΚ's Rhonda Planchet assisted by Sarah Griffin made outreaches to new member sororities and collegians. Sherry Hildebrandt, ΠΒΠ, and her committee provided outstanding hospitality at regular meetings and organized our first ever Happy Hour. Gretchen Swasey, ΚΔ, and her Scholarship Committee selected 10 excellent award winners. Katie Keane, ΧΩ, provided individual confirmations and sorority lists for luncheon reservations. Alison Borodkin, ΑΕΦ, kept us connected with informative newsletters. Pat Magee, ΑΓΔ, promoted us on Facebook and in the news media. Ashley Wohlwend, ΦΜ, produced a son! WE HAVE BEEN BUSY!!!

Every member of CAPA has done their part to make us the great women's group that we are! Thank you all. I'd like to offer special thanks to my officers: Linda Standish, ΑΟΠ, and Amanda Epperson, ΖΤΑ.

I'm looking forward to sharing our Centennial Luncheon with you. Fraternally,
Nancy



Luncheon Reminders & News

Bring baskets to Silver Grille on Friday 5/16 between noon and 5pm or if necessary to May 6th meeting

Luncheon centerpieces in a unique container will be available for purchase

Congratulations to Our 2014 Scholarship Winners

From a field of 57 applicants these 10 young women were ranked as the most outstanding. All 10 are undergraduates and represent diversity in sorority, university and hometown. Each will receive a \$2,000 scholarship to be used during the 2014-15 school year. You will be able to congratulate them in person and learn more about their accomplishments at our Spring Luncheon on May 17, 2014.

Bridget Popovic

Delta Zeta
Northwestern University
Fairview Park, OH

Lauren Holler

Kappa Alpha Theta
Ohio Wesleyan University
Valley View, OH

Holly Evans

Alpha Xi Delta
Ohio Northern University
Independence, OH

Erin Killeen

Kappa Delta
Ohio State University
Cleveland Hts, OH

Sarah Perry

Delta Delta Delta
Ohio State University
Mentor, OH

Lindsey Lanning

Pi Beta Phi
Ohio State University
Avon Lake, OH

Ashley Anderson

Alpha Delta Pi
University of Mount Union
Avon, OH

Katherine Chen

Kappa Alpha Theta
Case Western Reserve
Strongsville, OH

Kristen Elia

Phi Mu
Lyon College
Chesterland, OH

Marisa Papp

Alpha Gamma Delta
University of Akron
Uniontown, OH

News and Notes

Alpha Xi Delta's Nancy Wirth received the Order of the Rose for 60 Years of membership in Alpha Xi Delta at Cuyahoga Westshore's Founder's Day dinner on April 15.

Collegian Alyssa Taylor, **Chi Omega**, a graduating senior zoology major at Kent State from Chagrin Falls, has earned membership in Phi Beta Kappa. She will enter the doctoral program (there is no master's program so she goes straight into a doctoral program!) in marine mammal cognition at the University of Southern Mississippi this fall. Go to <https://www.youtube.com/watch?v=lc4TaX3E2GI> to view a video about the program she is going into. It's a very exciting field of study.

Delta Delta Delta's Spring Fashion Luncheon will be June 1 at the Cleveland Yacht Club.

Chi Omega-West invites everyone to join their Book Club. They will meet at 6:30 pm at Panera in Rocky River on the following dates: May 14 to discuss Broken Harbor by Tara French and June 11 to discuss The Book Thief by Marcus Zusak.

Chi Omega-West will be participating in the Make a Wish Walk for Wishes on July 19 at the Cleveland Zoo

This year **Delta Gamma-Cleveland East** celebrated the seasons of our Delta Gamma sisterhood! In September, our theme was the Seasons of Friendship and we celebrated the friendships that ΔΓ has brought each of us with the annual potluck. October's theme was the Season of Changing Colors and we visited an Alpaca farm owned by one of our own and learned about the animals and enjoyed the beautiful fall scenery. November's theme was the Season of Style and we met for an evening of private shopping and special discounts at Francesca's Boutique in Legacy Village. December was the Season of Celebration and we used our creativity to explore new holiday treats and ideas using Pinterest. Everyone was asked to "pin" a festive dish, snack, dessert or drink. We began the New Year in January celebrating a Season of Artistry and one of our own taught us about art conservation, personal collections, and art education. April's theme was the Season of Growth and we met at Lowe's Greenhouse in Chagrin Falls and received tips on mixed-garden planting and how to prepare our spring gardens. May's theme was the Season of Relaxation and we shared a favorite summer book and brought a sample of one of our favorite nail polishes, lip balm, or lotion and took home someone else's favorite as a fun swap. It truly was a fun "Season" to be a Delta Gamma.

Thank You

Thank you to everyone who participated in our Dine-Outs. We earned \$77.36 from our event at Ruby Tuesday in November and \$224.24 from Max & Erma's in March.

Thank You to Julia Lazar, Kappa Alpha Theta, who has agreed to serve as our scholarship chair next year.

Spring Luncheon Deadline is May 7th

Anticipation is building for the CAPA 100th Anniversary Scholarship Luncheon at The Silver Grille in the Higbee Building on May 17th.

There is still time to invite your alumnae and collegiate sisters to attend. Get your reservations and table requests in to Katie Keane by May 7th. Tickets are \$40 each. A copy of the luncheon invitation is being emailed with this newsletter.

Highlights of the event will be a basket raffle benefitting our scholarship fund, presentation of our 2014 scholarship recipients and remarks by Jean Mrasek, Chairman National Panhellenic Conference, Chi Omega.

To get up to The Silver Grill, enter at the 200 Prospect Ave. door directly opposite Morton's Steak House. "Human arrows" will direct you to the elevators via an escalator. Those not able to use escalator contact Nancy Toth for special directions.

Recipe Corner

Chicken Salad with Wild Rice

Served by Nancy Polk at our April Meeting

- 1 box Uncle Ben's quick Wild Rice*
- 2 Cups diced poached chicken
- 1/2 Cup thinly sliced green onions
- 1/2 Cup diced celery
- 1/2 Cup toasted blanched almonds

Tarragon vinaigrette dressing:

- 1/2 cup Olive Oil
- 1/2 cup white wine vinegar
- 1 Tablespoon of fresh tarragon or 1 teaspoon dried.

Mix first 5 ingredients together, mix vinaigrette and pour over salad a little at a time until evenly coated. Sever slightly chilled.

*I often cook regular wild rice and mixed it with the Uncle Bens

Chili Cheese Frito Pie

Served by Becca Sofka at our April meeting
3 cups shredded Colby-Jack Cheese, divided

- 10 1/4 oz. bag chili cheese Fritos
- 1 medium onion, diced
- 1 small poblano or jalapeno pepper, diced seeds removed
- olive oil
- seasoned salt and black pepper
- 4 clove garlic, minced
- 2 lb. lean ground beef, turkey or chicken
- 2 Tbsp. Worcestershire sauce

- 1 [15] oz. can tomato sauce
- 1 [10] oz. can Rotel Tomatoes Chili Fixins
- 1 [15] oz. can light red kidney beans
- 2 Tbsp. chopped cilantro
- 1.25 oz. pkg taco seasoning

Directions:

Preheat the oven to 350°F. Spray a 3 quart baking dish or an 8 x 12 inch baking dish with cooking spray. Pour 1/2 of the Fritos over the bottom of the dish. Sprinkle with 1/3 of the shredded cheese.

On the stove top in a medium size pot, sauté the diced onion and pepper in a couple of drizzles of olive oil. Cook until the vegetables begin to soften and brown. Add the minced garlic and sauté for 1 minute. Add the ground beef and cook until no pink remains. Season with seasoned salt and black pepper to your taste. Drain any excess fat from the pan, and then add the Worcestershire sauce, tomato sauce, Rotel tomatoes, kidney beans and seasonings. Mix well, and simmer over medium heat for 10 minutes. Remove from the heat and add the chopped cilantro.

Pour evenly over the Fritos in the baking dish. Sprinkle 1/3 of the cheese on top. Top with the remaining Fritos and shredded cheese. Bake for 25-30 minutes until bubbly. Garnish with chopped green onion. Serve with a dollop of sour cream, if desired. **Yield:** 6-8 servings

Fundraising Fun Bremec Gift Card Sale

PURCHASE GIFT CARDS FROM
BREMEC GARDEN CENTER,
CHESTERLAND

Gift cards can be purchased in any amount and there is no limit on the amount of gift cards that can be purchased.

CALL: 440 - 729 - 2122 ext. 100 or 101
Monday - Friday: 9am - 4 pm

SAY: you are a Cleveland Panhellenic
Fundraiser participant

GIVE: your name & address, credit card
info, amount and number of cards

RECEIVE: your cards in the mail
OR BUY DIRECT on May 17th at
CENTENNIAL LUNCHEON

PURCHASE GARDEN ITEMS: anytime
at either Bremec store
12265 Chillicothe Road Chesterland OH
44026 440-729-7438
13410 Cedar Road Cleveland Heights
OH 44118 216-932-0039

Reminders

- ☑ Turn in basket pre-sale money and leftover tickets at May meeting
- ☑ If you have not done so sign up for your 2014-2015 Committee at the May Meeting.
- ☑ Officers and Committee Chairs: your End of the Year reports are due at the May 6th meeting.
- ☑ CAPEF is still looking for a Good Woman to join the board, which meets quarterly.

Time to sell Tickets for our Basket Auction

Basket Auction tickets are \$4 each. There are multiple purchase discounts: 3 for \$10 and 7 for \$20

Sell your pre-sale tickets to those not planning to attend luncheon. Purchasers should write name, sorority, basket # and phone# on each ticket. Turn in your tickets (sold and unsold) and money to W&M Chair Lauren Hanna at the May meeting.

1. Celebrate with Spode

Pi Beta Phi West
Serving pieces in the Spode Pattern
"Christmas Tree"

2. May I Offer You a Glass Of Wine, Madam?

Alpha Omicron Pi
Wine, Wine Glasses, Serving Tray

3. Made in Ohio

Alpha Xi Delta-West
Food items from Ohio

4. Sensual Essentials for the Centennial

Chi Omega-East
Hair Care and Skin Care

5. Movie Date

Alpha Epsilon Phi
Gift Cards for Dinner and a Movie

6. High Fashion Fun

Kappa Kappa Gamma
\$100 gift card to Knuth's Boutique

7. Reading is Exciting

Pi Beta Phi-East

8. See Basket #20

9. Live Love Bark

Delta Gamma-East
Goodies for your canine friends

10. Cupcakes

Theta Phi Alpha
Baking Supplies

11. Lighted Money Tree

Gamma Phi Beta-East & West

12. Pick a Card, Any Card

Delta Delta Delta
Greeting Cards, Gift Cards, Playing Cards

13. Today's Your Lucky Day

Sigma Kappa and Alpha Gamma Delta
Lottery Tickets, Chocolates, Casino Souvenirs

14. Best of Summer

Kappa Delta
Cleveland Orchestra/Blossom Tickets,
Picnic Basket, Restaurant Gift Card

15. Wine and More Wine

Delta Zeta-East & West
Do we need to explain this?

16. Ohio Proud

Alpha Xi Delta-East

17. Downton Abbey

Sigma Sigma Sigma
Video, Gift Items

18. Your Little Princess

Phi Mu & Alpha Delta Pi
Gifts for the little girl in your life
Frozen Doll, Matching Toddler Dress, Tiara,
Crafts Kits

19. All About You Spa Basket

Kappa Alpha Theta
\$25 John Roberts Spa Gift Card, Personal
Care Items

20. Pampering in Progress

Zeta Tau Alpha

21. Café Au Lait

Phi Sigma Sigma
New Orleans Coffees and Gifts

22. Cleveland

Chi Omega -West
House of Blues box and 6 passes, personal
walking tour of Cleveland, several books

23. Frozen

Alpha Phi

24. One Tank Trip

Alpha Chi Omega
\$25 Speedway gift card, Travel blanket and
accessories, maps, books, & more

May Anniversaries

Alpha Delta Pi
May 15, 1851

Alpha Gamma Delta
May 30, 1904

2013-2014 Calendar

Location Note: All Delegate meetings are now at the American Heart Association Building located at 1689 East 115th Street, Cleveland, OH.

Tuesday, May 6, 2014

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Saturday, May 17, 2014

CAP Centennial Spring Luncheon
Silver Grille

Tuesday, June 10, 2014

Executive Board meeting
11:45 am

2014-2015 Calendar

Tuesday, September 9, 2014

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, October 14, 2014

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, November 11, 2014

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, January 13, 2015

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, February 10, 2015

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, March 10, 2015

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, April 14, 2015

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Tuesday, May 5, 2015

Delegate Meeting
Social Time-11:30 am
Business meeting-12 Noon

Saturday, May 16, 2015

CAP Spring Luncheon
Executive Caterers at Landerhaven

Stay In Touch With CAPA

Join our Facebook group:
Cleveland Alumnae Panhellenic
Association